need a listening ear
but don't feel comfortable calling?
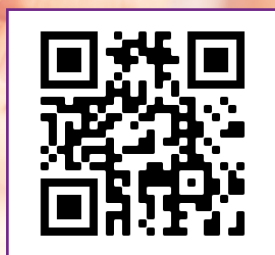
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@866teenlink

crisis
connections
support • resources • training
formerly known as crisis clinic

teen link
1.866.TEENLINK(833.6546)

Text "Hello" to 866.833.6546